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AGM
2022

SMALL GROUPS,
BIG CELEBRATIONS

MĪ CHĪWITCHĪWĀ

(มีชีวิทชีวา):

'THAI'-DYE T-SHIRT

APRIL 2023



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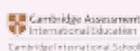
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Welcome to **BAMBI**

**"Support and
friendship through
the common bond of
parenthood"**

- Mel Habanananda



We are a group offering support and companionship to each other through the early years of parenting.

We offer prenatal and postnatal support, regular playgroups, fundraising for charities and more. If you wish to join, come to our New Members' Coffee Morning or any other regular BAMBI activities. To volunteer or serve on the committee, email vicechairwoman@bambiweb.org or visit bambiweb.org.

BAMBI is a project of the Childbirth & Breastfeeding Foundation of Thailand (CBFT).

Mission Statement

The CBFT is a non-profit networking and resource center dedicated to ensuring the best possible start in life for our babies. We believe that this can best be achieved through:

- Encouraging the appropriate use of technology and medication for all births.
- Promoting breastfeeding for every mother and baby in the community.
- Providing information and training to health professionals involved in maternity care.
- Supporting parents through the pregnancy, birth and postnatal period.

For more information on CBFT, contact:

English speaking, Tel 05-310-4573;
tanitmel@btinternet.com

Thai speaking, Mobile: 081-776-9391;
info@cbfthai.org or

sobsamai@yahoo.com. Or

visit: www.cbfthai.org and www.facebook.com/pages/ChildbirthBreastfeeding-Foundation-of-Thailand



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Yuika, Year 4, Regents International School Pattaya

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*Where great thinkers
are made*

We want your child to imagine a world of infinite possibilities. Yuika builds on her 21st century skills in the STEAM Machine at Regents International School Pattaya - skills that will help her invent the future.

This term, Yuika and her Year 4 classmates are working on a STEAM project to design and build a scale model of a traditional hill tribe house of northern Thailand.

See how your child can be inspired at
regents-pattaya.co.th



Sara Chow

Hello everyone!

Just like that we are in April already! The hottest month of the year and the official summer of Thailand. Hope you are all surviving the blazing sun, the intense heat, the humidity, and everything in between.

April is a month where many festivals from various cultures and religions coincide. The most important one being Songkran—the Thai new year, aka the water festival! For a couple of days this month be prepared to be splashed with water in public ... and you are not allowed to get angry as they are blessing you! It's all about making a fresh start with a splash. Wash away all the bad juju and negative energy in your life and the new year will be better.

Another tradition of this festival is a white powder paste locals might dab on your face, also as a blessing. As always, when playing outdoors with your children, do be careful and cautious as during festivities people sometimes get carried away and are not as mindful as usual. If you prefer to stay dry and indoors, you may see statues of Buddha on display at malls and department stores; feel free to pour some scented water over the statue's torso and body for good luck.

In this issue, we will explore the different celebrations and festivities from different parts of the world. For my Cantonese-Thai-Taiwanese mixed family, we celebrate all the mainstream festivals from Chinese New Year, Songkran, and Halloween to Christmas, and all the happy days that bring us joy. We are not particularly religious, and having studied at an international school in Bangkok, we feel wonderful that our son can enjoy all these wonderful traditions from different cultures and religions.

As COVID slowly fades away, we are seeing more and more members join us for our playgroups and events. BAMBI is run entirely by a group of volunteers and we are always looking for more help. If you can spare some time to help build this community, do reach out to any of our team members or check out the "Call for Volunteers" section in this magazine for vacant positions.

Have a fantastic Songkran!

Sara
BAMBI Playgroups Coordinator/BAMBI Executive Board



Cover Photo by Sayuri

OUR COVER KID GABRIEL

NAME

Gabriel

WHERE ARE YOU FROM?

I'm Thai-Filipino, but I was born here in Thailand.

HOW LONG HAVE YOU LIVED IN THAILAND?

Three years

FAVORITE PLACE TO GO AS A FAMILY IN THAILAND

Currently, the Snake Farm

WHAT'S ON YOUR THAI BUCKET LIST?

An island-hopping Krabi trip!

WHAT DOES BAMBI MEAN TO YOU?

Playdates where I get to play, discover places, and make new friends.

Hello readers,

It's April! A month when the festivals of many cultures and religions coincide. This time we've focused on bringing together all these celebrations and festivities to show that whatever we believe, whatever we celebrate, at the end of the day, it's all about sharing the fun and having a memorable time together.

For me personally, this April coincides with the month of Ramadan, and it's also when we celebrate the Bangla New Year (yes, just like in Thailand!). I'm excited to go back home during the Songkran break to celebrate the new year with my parents. I'm also looking forward to celebrating Eid-ul-Fitr, an Islamic festival which comes at the end of Ramadan, and which is scheduled to take place on April 21st this year.

So what do we have for you this time?

Well first up, we have 'Mī chīwīchīwā (มีชีวิตชีวา) 'Thai'-Dye T-shirt' by Anelia Van Zyl in Creation Station. Here she shows us how to get into the Songkran groove by designing our very own bright and colorful tie-dye T-shirts to wear to all the holiday events we attend.

Next we have 'Small Groups, BIG Celebrations' by Rachel Ofo. Rachel talks about the significance of holding on to one's cultural and religious traditions while living abroad, and brings in interesting and inspiring perspectives from a few Bangkok moms in the Muslim and Christian communities here.

In Readers' Corner, Angela Chen reviews two wonderful books centered on celebrating Thai culture. With beautiful illustrations and clear explanations, 'Thai Celebrations for Children' by Elaine Russell brings to life the histories and stories behind all the major holidays in the country for our children. 'Thailand: The Beautiful Cookbook' by Panurat Poladitmontri, on the other hand, takes adult readers on an exhilarating food journey through Thailand, going beyond the typical format of just jotting down recipes to discussing various food-related customs and traditions in the country. Together, both these books make for a fun learning opportunity that all expat families, newly-arrived or long-time residents, can surely benefit from.

And if you find yourself looking for a delicious dessert to enjoy during this month's celebrations, Anelia also shares a special recipe that puts a local twist on traditional South African Malva pudding. Do check it out and treat yourself and your loved ones to a heavenly dessert!

April is also the time of the year when the BAMBI Annual General Meeting report is prepared and shared with all our loyal members. We invite you to turn to pages 28-37 to keep abreast of all operational changes in the past year, and also get a snapshot of what to expect in 2023.

The majority of you will probably be on holiday when this magazine is out, but whether you read the print version or online, I hope it puts you in the right holiday spirit. Have a wonderful break with all your loved ones, and may this April holiday season be full of excitement and joy for you and your family!

Best wishes,

Sanam
Editor



Sanam Raisa Rahman

A WORLD OF OPPORTUNITY



From her thirteen-year career as a Bangkok Patana gymnast, Evelyn Cannon has established fulfilling relationships with her peers, developed a resilient mindset and grown as an athlete. These will all contribute to her holistic well-being as she pursues a degree in biomedical science. Read about Evelyn's journey of growth:

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SCAN ME



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WELCOME, NEW MEMBERS!

Angelina Bang
Aurora Bassett
Bhatcharaborn Benjaphong
Bianca Crankshaw
Bongkoch Suthanyaphruet
Chanita Wannasarnmetha
Chantinee Premprabha
Chutima Googijwatana
Darika Sathornkij
Deshna Bhansali
Dianna Lee
Donlaporn Srisanguan
Freya Aguillon
Hannah Wendt
Jane Chang
Jenifer Sawchenko
Jinny Horkriengkrai
Jiranuch Chooncharoen
Jiraprapa Waiyapat
Jurairat Kunavichayanont
Jurapa Charoenkraisri
Kaman Fung
Kanae Nakashima
Kara Heinecke

Kasama Supawannakit
Kiattisak Asavasanti
Kingkarn Angkuraworwit
Kitawit Sripanyaphikhup
Mai Suzuki
Margret Fabri
Moe Sugimoto
Monsicha Lubtikultham
Montree Amornsiripanitch
Nachanop Kantaratanakul
Nalin Thasanaekachit
Narissara Chalermchaichan
Nathalie Couzon
Nathas Bavornphatarrarit
Nattaree Sirirattanapol
Nicoleta Cret
Nitchapat Ribroumsup
Ornicha Vichitkasemkij
Panthira Thamsanit
Pantila Srisuksawadi
Patchara Thaisrivichai
Piangdao Noksapa
Pimpicha Sinsamutthawin
Pinchunan Kongkiatkul

Ponnapa Tawse
Praepak Kuptanond
Pratchaya Khunsumrit
Rina Shirai
Rose Wu
Siree Allers
Siriwan Nuttaphunwat
Song E
Sudarak Upanwan
Sunita Yee
Tawanna Nitjapanit
Thanikarn Siriprapavath
Tharittamon Rattanapraphat
Tyla Martin
Voramon Sirichaipanich
Warunee Watcharasathien
Wasita Tungsakultong
Wipavee Patoompong
Witjarn Kalayanamit
Yukiko Noda
Yuko Imai
Yuriko Dhanuka

HAPPY BIRTHDAY FROM BAMBI!

APRIL BIRTHDAYS

Chanisa Charlise White
Eiyani Upadhyay
Elijah Hanan Ghaussi
Judith Eberhardt
Kaito Hoshino
Keira Lennox

Lara Zapara
Luka Yoon
Makayla Bairan
Mia Bella Hinde
Pannavadh Chaiwichitsunthorn Phurita
Khamsupap

Sori Fujiwara
Toh Matsui
Trillian Broadhead
Winyuchon Srijongjai

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Achieve Your Full Potential

Bangkok Prep Early Years establishes the framework for a successful future through play and exploration. Our active learners celebrate their unique attributes and build positive relationships in a nurturing environment. Their independence and confidence reflect our inclusive, interconnected curriculum which promotes Personal, Social, Emotional and Physical Development as well as Literacy, Mathematics and the Expressive Arts and Design.



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curriculum



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video



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BANGKOK PREP

Bangkok International Preparatory & Secondary School

Est. 2003



Mī Chīwitchīwā (มีชีวิตชีวา) 'Thai'-Dye T-shirt



We love a party at BAMBI magazine, and with Songkran to look forward to, April is one of our favorite months. Now thanks to Anelia's vibrant craft, we know we'll have just the thing to wear for all those waterfights and parties!

It's that time of the year! Songkran, or as I call it, a 'country-wide water war'. In every village, town, and city, people young and old gather to welcome the new and wave goodbye to the old. All around the Kingdom, people roam the streets and dance on pavements to music from trucks loaded with festive partygoers. Parades, entertainment, food, drinks, laughter, and little sleep are how Songkran gets celebrated.

But what would Songkran be without a colorful tie-dye T-shirt? Let's get into the groove of this year's festivities and make our very own. I named this article after my favorite Thai word, *มีชีวิตชีวา* (*Mī chīwitchīwā*), which means to be 'vibrant' or 'alive'. Happy Songkran! Make 2566 a vibrant one, and may this T-shirt be a reminder to do things that make you feel alive!

This tie-dye T-shirt is done with acrylic paint. Yes, you read that right—acrylic paint. It's super easy to make, and the colors will be bolder and more vibrant than those of textile dyes. You can try various funky designs, like the accordion, scrunch, vertical stripes, and bull's eye. The one I'm using is the swirl/spiral. Easy-peasy!

SUPPLIES:

- White cotton T-shirt—slightly damp (the dampness allows for better color absorption)
- Squeeze bottles
- Acrylic paint—colors of your choice
- Glycerin (the acrylic paint and glycerin mix serve as the 'dye')
- Rubber bands
- Room temperature water (amount will depend on how many colors you use)
- Serving tray
- Oven rack
- Plastic bags
- Plastic gloves (optional)
- Working area





PROCESS:

1. Mix 10 ml glycerin, 60 ml water, and 20 ml acrylic paint in a squeeze bottle. (This ratio is suitable for one adult size XS to XL shirt. For bigger pieces of fabric, you need to double the amount.) Repeat this mix for every color you want to use on the fabric.
2. Lay the damp T-shirt flat on your workspace surface.
3. Pick a spot on the T-shirt for the center of your swirl. Pinch a small section of fabric (your center), and start swirling the fabric clockwise while holding onto the center. (You can use a pair of tweezers for a continued good grip on the middle.)
4. Keep twisting clockwise until the entire T-shirt is swirled up. Make sure the swirl stays flat on the surface as you twist.
5. Tightly secure the swirled bundle with rubber bands, crossing them over the center of the swirl to create segments.
6. Apply the first color by squirting

the dye onto the shirt. Squirt different colors onto different segments of the shirt. Continue with the rest of the dye colors until the fabric is fully covered and saturated.

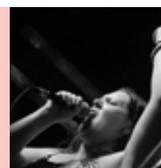
7. Wrap the T-shirt in a plastic bag and set it aside for 24 hours.
8. Rinse the fabric bundle under cold running water after 24 hours. Remove the rubber bands and continue rinsing to get rid of excess color. Allow the T-shirt to dry completely—you can dry it in front of a fan, in the dryer on a low heat, or in a sunny spot. Once it's dry, slip it on, get out those party shoes, and get ready for Songkran!

Photos courtesy of the author.



About the Author

Anelia is a performing artist from South Africa. She has been living and working as a teacher in Thailand for eight years. She also writes educational children's books, makes music, and loves to spend time in the kitchen. Follow her adventures on IG @aneliaz





NEW MEMBERS' COFFEE MORNING



Thank you to all the families that joined us for the New Members' Coffee Morning at The Apple Tree International Kindergarten on Friday, February 17, 2023!

The event gave new BAMBI families an opportunity to come and make new friends and enjoy the spacious indoor and outdoor play areas. The children had a lot of fun exploring the natural environment and indoor activities!

Special thanks to Miss Dani for leading the lovely story time and thank you to The Apple Tree International Kindergarten for their support!



Thank you BAMBI for a successful Splash x KIS Event!

We welcomed over 300 friends from all over Bangkok to the green KIS International School campus for a day filled with play, singalongs, crafts and fun.

The KIS admissions team is busy with enrollment for August 2023, but there are still a few more spaces to fill.

If interested, contact us for more information.



Tel: +66 (0) 2274 3444 | Email: admissions@kis.ac.th | www.kis.ac.th



inspiring individuals

apply now



SMALL GROUPS, BIG CELEBRATIONS

We've all grown up in different places, and we all have different traditions that we love. Rachel reminds us that it's important to celebrate and share those traditions that make us who we are.

Celebrating far from home

Celebrations can be traced back thousands of years, commemorating things like the beginning of a new yam harvest season. Humans love to enjoy and observe important milestones and to party. However, celebrations vary throughout the world, depending on ethnic, religious, and social groups.

As much as we want everyone to join in our merriment, that isn't always the case. We might even find ourselves by ourselves, left to celebrate alone. Maybe that has been your situation, or maybe you've been able to be part of a small community that works to keep the traditions alive. That may be the case with many in Thailand.

Thailand, being a predominantly Buddhist nation, has no shortage of religious celebrations. However, Thailand is also home to millions of non-Buddhist residents. Those who have moved to Thailand also bring a bit of home with them—practices unique to their cultures and beliefs. One particularly special month is April, when we see an amazing number of observances taking place around the world, like the conclusion of the Passover and Vaisakhi. Some of those celebrations and celebrants have found themselves in Thailand during this time.

Living in a country that you're not originally from or where you are a minority can pose problems like finding a favorite or necessary ingredient for dinner. Because the world is made up of an astounding variety of cultures, beliefs and practices, one might be left feeling hungry, both literally and spiritually.

Despite this, people throughout the years have found ways to continue doing what they need to do in order to maintain their sense of self or spirituality. One of the most common ways people find themselves holding on to tradition is through food. And what is a celebration without good food? Although Thailand has amazing food and some well-stocked markets, getting what you need when you need—or want—it can be difficult if you're not Thai. On practicing Islam in Thailand, one Bangkok mom relates:

"One of the difficulties I face as a Muslim in Thailand is finding good restaurants that serve halal food in the vicinity of central Bangkok.

'Halal' is Arabic for 'permissible', and halal food refers to food that Islamic law permits Muslims to eat. For example, we cannot eat pork and its by-products—think anything from bacon to gummies. We can eat other meats like chicken and beef, but they

have to adhere to the strict rules of slaughtering, which are not always followed in non-Muslim countries. So, picking a restaurant when I want to eat out for a change can be cumbersome in Bangkok at times.

Fortunately, living in non-Muslim countries since I was 18 has taught me to try and enjoy most seafood and vegetarian and vegan food as well. In fact, sometimes I prefer them more than meat options. And since a halal diet is similar to a kosher diet, in the absence of halal options, we can eat kosher food."

This skill of improvisation and making the best of what is offered helps with the Muslim observance of Ramadan. Ramadan is a celebration that includes fasting, praying and reflection. At the end of the observance in April this year, there is a big feast, 'Eid-ul-Fitr', where families get together to enjoy delicious halal meals. This adds to the sense of belonging.

The importance of celebrating

But why? Why should any effort be put into keeping something alive when you may not even be around those who share your beliefs?

The word 'celebrate' signifies something of importance. Whether religious praise or a commemoration of



sorts, the idea is to enjoy an important event, one that holds value to a person. Core values are what make a person who they are, so to forsake these values may mean forsaking oneself. To let go of what made you who you are, for the simple fact that you moved to another country, may prove unfavorable.

Now, it's one thing to adjust bad habits or grow into a better version of you, but when moving abroad, it's so important to remember and pay homage to those things that created the parts of you that you love. One mother who practices Catholicism and observes Lent—concluding in the first week of April this year—states:

“I was born in a predominantly Catholic country. It's been ingrained in me. I married a non-Catholic, but our child was baptized Catholic. He comes to church with us as it is important to us for our child to see we go to church together as a family. Living in a different country doesn't change my beliefs. It's actually harder sometimes, inconvenient actually. Especially while raising a child in a foreign country. But we do our best.

Lent is important as it symbolizes Christ's passion and death for us to be saved, and He has continued to save me. I believe it was my faith, and doing the work, of course, that

has saved me from lots of situations in my life.”

Grounding yourself and meditating on the 'why' will allow for a stronger connection to your beliefs and allow you to remain steadfast, despite where you find yourself.

Observing an event close to your heart while abroad can be challenging for the simple fact that you may not have the opportunity to celebrate with those you used to celebrate with. This may make it difficult to keep up the practice or pass it down to your children, especially if they are surrounded by those with varying practices. A Christian mother shares her experiences being away from home:

“Being in a country that is not your home will always pose a challenge, like missing loved ones, especially when there are special events that you would have hoped to celebrate with them.

The most important event that my family and I look forward to right around this time—this year in April—is remembering the death of Jesus Christ and what this event means for us all. So each year I set aside time to make sure that I can participate in a worldwide campaign to invite others to celebrate with millions of others around the world. It's not always

easy because this means finding the courage to approach people at every opportunity to invite them to join in this most important event.”

Sharing our celebrations

Sharing is such an important feature with many of these celebrations. As the mother stated above, it is not just about her but how she shares this important event, even with strangers. Sharing can be helpful for those who may be feeling lonely in their home away from home. Even if someone may not hold the same views and beliefs, it's always nice to gather with others to observe important events. It's also worth mentioning, getting together doesn't have to entail renting out a huge banquet hall and catering for hundreds of people. Events and celebrations can take place wherever and however you feel appropriate.

Most observances can be held in the comfort of your home. Even if it isn't a big religious event, one can find a holiday or special day to just be happy and have fun. These days, there is no shortage of national and international observances that can last anything from a day to a full month.

One special holiday that I personally understand the importance of is Cesarean Awareness Month, which



is held in April. Like myself, many moms have gone through a C-section. It wasn't until verbally asking that I found out C-sections were more common than I had thought; the CDC (Centre for Disease Control and Prevention) says 32% of US-based births in 2021 were C-sections (1). So for those who have gone through this process, take this time out to talk about it. Open up about your experience and the emotions that came with undergoing a C-section. Treat yourself and your scar to a photoshoot, a new outfit, whatever makes you feel great about the amazing process you endured.

The point is to celebrate something that makes you who you are. And for those who are looking for something lighter, some fun April holidays include World Party Day or Big Word Day. Try not to give in to floccinaucinihilipilification (2), as the point is to have fun on these days.

Some of these celebrations require very little prep, and some require a few steps before completion. Again, the point is just doing what you can, where and how you can do it.

However, some celebrations have so much history and culture behind

them that you can be drenched in the festivities. This includes one of Thailand's largest and most popular celebrations: Songkran festival. Many people outside Thailand understand it as a fun time when everyone wanders the streets with water guns and face powder.

However, Songkran is more than partying hard for several days. Songkran's practices highlight the importance of cleansing oneself for the upcoming year. This act of cleansing or spraying water is particularly helpful during one of the hottest months in Thailand. I remember my first year in Thailand, not really knowing much about the festival and spotting a mother with her young child sporting a mischievous smile. Before I even knew what was happening, I was SOAKED. Despite getting lost during my walk, it wasn't all bad because the water had kept me pleasantly cool.

For Thai Buddhists, Songkran is more than a chance to drench foreigners; it's also a time to return to hometowns and spend time with family. Check out BAMBI Magazine's April 2022 article 'Songkran: A Festival Soaked in Tradition' for a short but in-depth explanation of all that is included with the festival. You can even learn some

new Thai words to put into practice while spending time in Thailand during this period.

All in all, no matter where you find yourself in the world, keep your celebrations alive. Remember why you do it and who you do it for. One of the best things to do is prepare ahead of time. Preparation or understanding what will be available or even who will be available for your celebration can greatly decrease stress levels. And remember that it's okay to ask questions; it's okay to research why your neighbor may or may not do something during a specific month. The takeaway is to continue doing what you need to honor your culture in a foreign land, while also understanding and respecting those around you.

Photos from Canva.

About the Author

Rachel Ofo moved from the US to Bangkok in 2016. She has a daughter, whom she loves dragging around the city on various adventures. In her free time, she enjoys reading, watching movies, and trying new restaurants. She also enjoys being out in nature with her daughter. She looks forward to her time with BAMBI.



References

1. CDC (2023) Births – Method of Delivery. [cdc.gov/nchs/fastats/delivery.htm](https://www.cdc.gov/nchs/fastats/delivery.htm)
2. *The habit of seeing something as worthless or unimportant*



SCRAMBLED

ART

"We focus on process, not product"



SENSORY PLAY



PROCESS ART



PAINTING

- 📍 Pattanakarn 61 (open everyday)
- 📍 The Apple tree international kindergarten (sukhumvit 26) (Open only on Saturday!)

COURSE

- Sensory Play : (1-3 years)
- Process Art : (3-6 years)
- Painting : (6-12 years)



094-809-1666

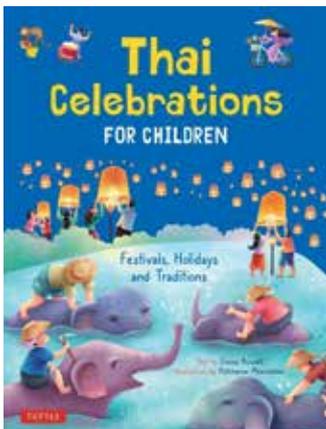


Scrambled art :



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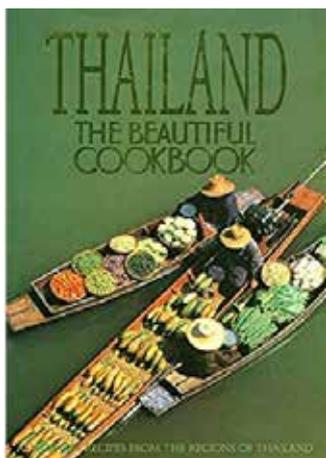
THAI CELEBRATIONS FOR CHILDREN

by Elaine Russell, illustrated by Patcharee Meesukhon

One of the many perks of living in Thailand is the celebration of vibrant holidays throughout the year! "Thai Celebrations for Children" is a library favorite, covering dozens of Thai festivals. It shares the history and meaning behind public holidays like Makha Bucha, and dives deeper into the more popular festivals that we all know and love, Songkran and Loy Krathong. Lesser known holidays such as The Umbrella Festival are also introduced, as well as family rituals and traditions including weddings, birthdays, and new babies.

Patcharee Meesukhon's bright and beautiful illustrations bring these special customs to life. Each page is full of details depicting the diverse fruits and flowers in Thailand, colorful crafts, and traditional outfits. Family and children's activities are emphasized, engaging young readers to think about their roles in these festivities. "Thai Celebrations for Children" provides a learning opportunity and fun reading experience for the entire family.

Published by Tuttle Publishing in March 2022. Author Elaine Russell has also written the companion picture book "All About Thailand", "Martin McMillan" middle-grade series, and adult novel "Across the Mekong River". Illustrator Patcharee Meesukhon is a Thai native and has illustrated children's books published in Southeast Asia, India, and Australia. "Thai Celebrations for Children" is suitable for ages 3-10. A hardcover copy can be found in the Children's Corner of the Neilson Hays Library.



THAILAND: THE BEAUTIFUL COOKBOOK

by Panurat Poladitmontri and Judy Lew with photography by John Hay

What better way to celebrate Thai culture than through delicious and diverse dishes from all corners of the country. "Thailand: The Beautiful Cookbook" is a gorgeous collection of recipes and photography from the four regions of Thailand. This comprehensive cookbook covers everything from classic soups to distinctly regional salads and desserts, as well as easy everyday favorites like pork fried rice. Going beyond food, the book honors the people, culture, landscape, and rich history of Thailand. One chapter is devoted to the customs and traditions of eating a Thai meal.

Authors Judy Lew and Chef Panurat Poladitmontri, also known as Chef Rut, have written and contributed to several cookbooks and this is by far their most celebrated book with three decades of longevity. Those new to Thai cooking will be delighted by the straightforward accessibility of the recipes and the extensive glossary. Thai natives will be impressed by the depth and authenticity. The brilliant photography by award-winner John Hay is enough to entice curious and hungry readers.

Published by Beautiful Cookbooks (USA), May 13, 1992. ISBN-10 0002550296, ISBN-13 978-0002550291; 256 pages. Authors: Panurat Poladitmontri and Judy Lee. Photographer: John Hay.

Prepared by Angela Chen, a Neilson Hays Library Board Member and the Children's Program Chair.

The Neilson Hays Library is Thailand's premier English-language library. The Children's Program offers Saturday Story Time, a cozy Children's Corner, and special holiday events. Adult Programs include concerts, art exhibitions, book club, and book sales. Located in a beautiful historic building with a garden and cafe on site: 195 Surawong Road, Bangkok 10500, Thailand. Follow us on Instagram and Facebook.



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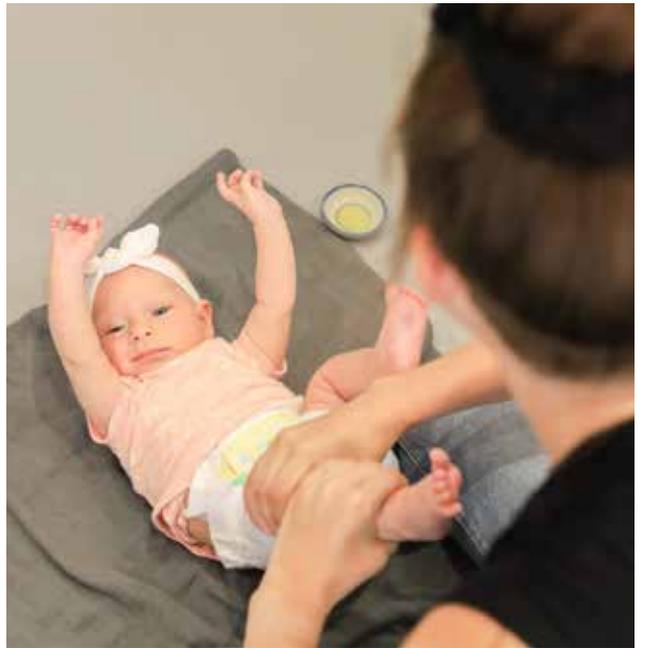


BUMPS & BABIES: RUB-A-DUB BABY MASSAGE

Infant massage provides a wonderful form of touch communication between parents and their babies that has been practiced in many cultures, bringing benefits for both. It improves bonding, builds parents' confidence and strengthens their ability to recognize the baby's needs. This creates a positive impact on their mood, which is believed to reduce the risk and incidence of postnatal depression. For the baby, the benefits are countless—both physically and emotionally. They include better digestion and prevention of constipation, improvement in the function of the circulatory and immune systems, and stimulation of muscle tone. Massage also relaxes the baby, which translates into better sleep patterns, and helps to develop trust and confidence, teaches body autonomy, and is good for verbal and non-verbal communication.

It is recommended to start massage from approximately six weeks of age up until the age of crawling as it provides both relief and relaxation. The infant can be calmed and reassured by this tactile stimulation well beyond the early stage of their lives.







DESIGN FUTURES

ELC international schools are places where children are active protagonists in their own learning. They comprise a family of unique schools where students base their research, discovery, and experimentation within the context of contemporary culture and learning. Those within strive to resolve dilemmas of individual and shared importance in their quest for knowledge and understanding but most importantly, imagine possibilities for a better future.

In the daily life of ELC schools, we can perceive a pronounced increase in children's creativity, the quality of their research, and their ability to access information. This facilitates the development of complex digital projects and products of knowledge, which are elaborated between children and between children and adults.

digital bicycles for enjoyment in the park using arduino technology
designed by
Pop and Anna
(ages 8 to 9 years)



automated solar and wind-powered street cleaner using arduino technology
designed by Caden,
Fabian and India
(ages 10 to 11 years)

elc international schools

The City School
Ages 3-11 years

Area: Thonglor
18 Soi Sukhumvit 49/4
Bangkok 10110

+66 (0)2 381 2919
info@elc.ac.th

The Purple Elephant 39
Ages 18 – 36 months

Area: Phrom Phong
61 Soi Phrom Mit
Bangkok 10110

+66 (0)2 662 4570
purpleelephant@elc.ac.th

The Purple Elephant 49
Ages 18 – 36 months

Area: Phrom Phong
99 Soi Sukhumvit 49/13
Bangkok 10110

+66 (0)2 392 3190
purpleelephant@elc.ac.th

The Purple Elephant 55
Ages 18 – 36 months

Area: Thonglor
79 Soi Thong Lo 8
Bangkok 10110

+66 (0)2 116 2394
purpleelephant@elc.ac.th

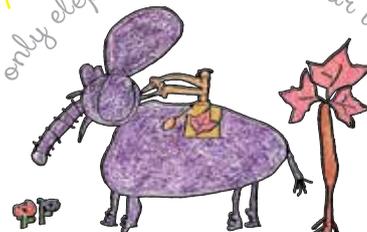
The Country School
Ages 18 months - 5 yrs

Area: Nonthaburi
44 Soi Samakkee 20
Nonthaburi 11000

+66 (0)2 003 5185
countryschool@elc.ac.th



only elephants should wear ivory



elc international schools

MEET FRANCES

From the Philippines to Brunei, Singapore, and now Thailand, new member, Frances, tells us a little more about her family and whereabouts in Bangkok.

Where are you from and what's your nationality? Can you tell us about your life back home?

I am Filipino, but my family moved to Brunei when I was two. After secondary school I went to Singapore to further my studies, and eventually worked there, before relocating here. We go back to Manila once a year for Christmas, and it's always fun being with family, it's both chaotic and full of joy with really loud music, even louder laughter, and lots of celebrations.

Can you tell us something about your career and work? And what about your spouse?

I worked in branding for a couple of years before joining a friend at a startup doing UI/UX design. I continued working remotely after moving to Thailand. I became a full-time mother last year. My husband runs a design firm here in Bangkok.

Please tell us a little bit about your family.

We are a family of three with our energetic three-year-old, Gabriel. We are part of a big, very close-knit Thai family who are always having dinners and outings together.

When did you come to Thailand? What do you miss the most about your country?

I came to Thailand in May 2019. What I miss most about Singapore—the last country I lived in—is the libraries. There's always one relatively close to wherever you are in the country.

Can you tell us a bit about your routine here in Bangkok?

In the mornings we have breakfast at home, or I take Gabby out for a walk to a cafe and to see a nearby market. There are three really good street markets in our area and Gabby loves picking out fruit with me. If we have breakfast at home, then I'd take him to a BAMBI playgroup after, otherwise we do crafts, or gardening, or go to Sea Life, or the parks or just walk around the malls.

What do you love most about Thailand? Which parts of Thailand have you traveled to, and which did you enjoy the most?

I love how welcoming people are with kids. We have been to Pattaya, Huahin, Chiang Mai, Phuket, Khaolak, and Krabi, among others, but I really love the islands and nature in the south.



What were your main challenges when you first arrived in Thailand?

Definitely the language.

How did you find out about BAMBI?

When I was pregnant I found out about BAMBI's pregnancy information mornings online.

Are there any specific suggestions you can give to BAMBI's new members here in Bangkok?

If you ever feel you miss work, or just doing something that's familiar from before motherhood, then volunteer with BAMBI. I'm part of the website team and I've found it to be quite fulfilling, while being flexible enough for me to still be there for my family.

BAMBI MEMBER BENEFITS

Flash your BAMBI card and enjoy special discounts!*



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LITTLE BIG
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CAFE ENTRY**



**15% OFF
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MAGIC**

Scan the QR code to find out more about what amazing benefits and discounts are on offer for our BAMBI members.

These include discounts from the below organizations:

Johny Live, Niche Salon Bangkok, Jumping Clay, Little Pea, Musical Theater for Kids, Playville, Kid Able the Mall, Ngamwongwan Language School, Banana Thai School, Little Legend, Plan Toys, Bangkok Dolphins, Kiddy Kicks, Little Gym, Swimming Bangkok, Antique Cafe and Cakes, Baby Bib Cafe, Blue Parrot, Hilton Sukhumvit Bangkok & Doubletree by Hilton, Klong Phai Farm, Steps with Theera, Bumrungrad Hospital, J Clinic, Painaway Clinic, Iasnaia Maximo, Physio Clinic, Bangkok International Dental Hospital, Bangkok Self Storage, Ayasan Service, Kids Home and Family Services, Kiidu, Nick & Nishka Kids Concept Store, Ergobaby, Neilson Hays Library, Amy Diener, Lilli by Lilli, Move Well with Anna, SRC Health, Haji Cafe, Little Big Dream, Wonder Woods Kids Cafe, Hegen Thailand, Curtain Up Drama & Magic

*Terms & conditions apply on all BAMBI benefits & discounts.





HOW TO BECOME A BAMBI MEMBER

Becoming a BAMBI member is very simple. Go to any BAMBI playgroup or event, including New Members Coffee Morning, and pay the membership fee in cash. You will get a membership card and receipt on the spot.

Alternatively, you can make an ATM or online payment to our bank account, and then send us your proof of payment using the form on the BAMBI website. We will activate your membership within a few days of receiving your submitted form, and you will receive your membership card by mail within two weeks of activation.

SIGN UP AT ANY BAMBI PLAYGROUP/EVENT OR SIMPLY GO TO THE BAMBI WEBSITE!

BANK: TTB (TMB Thanachart Bank)
ACCOUNT NO.: 152 2 17807 6
ACCOUNT NAME: CHILDBIRTH AND
SWIFT CODE: TMBKTHBKXXX
(as shown on ATM/online banking)

New membership fee: ฿1,400 | **Renewing membership fee:** ฿1,000

1-YEAR VALIDITY

Your membership is valid for 12 months. The expiry date is written on the back of your membership card. Please renew when the year is up.

STAY UP TO DATE

Make sure to check www.bambiweb.org and the BAMBI Facebook page (@BAMBI Bangkok) for regular updates.

Want to know more? For more information about joining us, visit our website:

WWW.BAMBIWEB.ORG/FAQ

If you have any membership issues, please email: database@bambiweb.org

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BAMBI ANNUAL REPORT 2022

This report was presented at the Annual General Meeting held on March 24th, 2023.

CHAIRWOMAN'S REPORT

BAMBI finally managed to reopen in March 2022 with some COVID-19 restrictions in place.

The following report is a summary of our activities and achievements in 2022, and a small look into our plans for 2023.

There were lots of committee changes over the last 12 months as life changes led many volunteer members to step down. Without our most valuable asset—volunteers—we were not able to open as many activities as we would have liked.

At the beginning of 2022, we reached out to the community to find new volunteers and we're happy to announce that we managed to form an executive board to manage operations; while the chair position remains vacant, we did fill many of our other vacancies. This enabled us to continue offering opportunities to bring the community together.

Our numbers have picked back up with a steady increase in membership as lots of new activities and playgroups were added. A lot of successful and profitable pop-ups were conducted in 2022. The Halloween Bash was very well received.

We held a successful Christmas party, which was combined with BAMBI's

40th anniversary party. We took that as an opportunity to unveil the new logo, which is simpler and sleeker but still embodies our legacy values. We have also launched our Instagram profile. It's a great way to engage with members and to share photos; the more likes and comments we get, the more visible BAMBI's offerings will be.

In other news, Bumps membership sign-ups have been increasing steadily with good attendance at the Pregnancy Information Mornings held once per month. This is encouraging as support for new mothers is one of BAMBI's core values.

We increased our membership fee in line with increases across Thailand, and waived the fee for committee members by way of thanking them for their continued efforts. We still have a few key roles to fill.

At the end of last year, Simmi became honorary president after our founder, Mel, stepped down. Her invaluable contribution, support, hard work and dedication to creating a safe space for mothers and families in Bangkok will live on as her legacy.

Last year, the website team started work on the Glue Up project. Glue Up is an all-in-one customer relationship management (CRM) platform that will help to build and grow the BAMBI community through events,

memberships, and other digital tools and make website management easier. It integrates with our back office system for easy management of our very complex membership organization. Plans have been finalized and this year we will fully shift to Glue Up.

Thank you to all the members, both old and new, for your continued support while BAMBI went through a few minor, as well as some major, changes. As BAMBI membership continues to grow, we acknowledge and appreciate everyone who has joined BAMBI this year and everyone who has renewed their membership with us. We are grateful for your ongoing support of BAMBI and are working on exciting new changes that will be rolled out in 2023.

BUMPS & BABIES

The Bumps & Babies team relaunched activities in March 2022 and gradually, with COVID-19 restrictions easing off, moms and babies returned to these activities. The team includes Jo as the coordinator and Yaz as the Bumps assistant. Jenifer was recently invited to join the team as an assistant from March 2023.

Presently, the Bumps team facilitates weekly Baby Massage sessions followed by the New Moon Postnatal Support Group sessions. Pregnancy Information sessions are held monthly. Baby Rhyme Time, initially offered



on alternate weeks, was suspended after six months as the attendance was sporadic and overhead costs were high.

Attendance at Baby Massage is slowly increasing. The team is raising awareness through social media platforms and the Bumps Newsletter, which was relaunched in December. The activity is led by Yaz and hosted at Bumpsy Daisy Café. We hope to offer alternative locations in Bangkok later in 2023.

The New Moon Postnatal Support Group session is held immediately after Baby Massage. While attendance is still lower than anticipated, we continue to encourage women to attend and share experiences, seek advice and support, and build relationships with other new mothers in Bangkok.

Bumps & Babies Pregnancy Information sessions are held monthly and are well received by attendees. Over the past year, we have covered a broad range of topics, which include:

- Informed choices and consent
- Birth partner preparation
- Breastfeeding
- Optimal fetal positioning
- Sleep patterns in newborns and infants

The Bumps team facilitated a total of 48 sessions from March 2022 to the end of February 2023, and attendance

at all of these has continued to climb. We welcomed 106 members to our activities and 73 non-members, some of whom signed up to become members. During the year we processed 25 new memberships and renewed four.

Other Bumps activities

- Eight Bumps articles were published in BAMBI Magazine with contributions from members of the Bumps team and the wider birthing community in Bangkok.
- A survey was conducted to determine the wish list of antenatal and postnatal activities from the BAMBI community and more widely within the city to see how we can offer more services and activities.
- The Bumps team maintained contact with both Samitivej and Bumrungrad hospitals, shared COVID-19 protocols with members, and conducted the Birth and Breastfeeding survey at the end of the year—the results are yet to be analyzed and published.
- A Splash Bash was hosted in conjunction with Bangkok Dolphins on two occasions—once in the Sukhumvit area and once in Sathorn.

Plans for 2023

- Continue offering Baby Massage sessions weekly and explore alternative venues to include a wider community of new mothers.

- Schedule swap events as requested by new mothers and the larger BAMBI team, and explore the option of park meetups if the weather permits.
- Increase awareness of what Bumps & Babies offers to new mothers, mothers-to-be, and new parents within Bangkok, and continue to develop activities to support the needs of the BAMBI community.

PLAYGROUPS

From March 2022 to the end of last year, BAMBI ran 13 steady and popular playgroups in Bangkok:

- Montessori Playgroup (Modern Montessori International School)
- Discovery Kids Playgroup (Kids' Academy Ekkamai)
- Wonderkids Playgroup (Wonder Woods)
- Sathorn Playgroup (PlanToys)
- Thong Lor Playgroup (Bangkok Prep International School)
- Honey Bear Playgroup (Honey Bear Bistro)
- Blue Parrot Playgroup (Blue Parrot Bangkok)
- British Club Playgroup (British Club)
- Kiddieville Playgroup (Playville)
- HEI Playgroup (HEI School)
- Saturday Ekkamai Playgroup (Bright Skies International School)
- Saturday Yenakart Playgroup (ACACIA Yenakart)
- Saturday Nana Playgroup (Story-time Preschool)



Of these, the following seven playgroups were newly established in 2022:

- Montessori Playgroup (Modern Montessori International School)
- Discovery Kids Playgroup (Kids' Academy Ekkamai)
- Wonderkids Playgroup (Wonder Woods)
- Honey Bear Playgroup (Honey Bear Bistro)
- Blue Parrot Playgroup (Blue Parrot Bangkok)
- HEI Playgroup (HEI School)
- Yenakart Playgroup (ACACIA Yenakart)

Due to high venue costs and low attendance, the Novotots Playgroup at Novotel Bangkok Sukhumvit 20 and the Little Trees Playgroup at DoubleTree by Hilton Sukhumvit Bangkok had to be closed. The Montessori Playgroup at Modern Montessori International School also had to be closed due to the closure of the school itself.

In total, 3,525 families attended the various BAMBI playgroups throughout the year. This is an increase of 214% on last year's figure of 1,123. This is because last year playgroups were held only from February to mid-April due to COVID-19, while this year they were active from March to December.

These playgroups could not have happened without our dedicated team of playgroup volunteers. At the

end of 2022, the team consisted of 26 volunteers. Normally, an annual Playgroup Leaders' Breakfast Morning is organized where all the volunteers can meet, socialize, and share information, but we weren't able to hold this event in 2022.

Plans for 2023

- Recruit more playgroup leaders as some are stepping down.
- We will look into reopening a Mandarin playgroup at the Nancy Language School in K-Village, but a survey of members' interests is required before we can proceed with it.
- A newly opened venue based at the Vanessa School, Fairy Fox, showed interest in having BAMBI run a playgroup on its premises. We are aiming to plan this in the second quarter of 2023.
- We will organize and hold the playgroup refresher training and Playgroup Leaders' Breakfast Morning.

ACTIVITIES FOR OLDER CHILDREN

From March to the end of 2022, BAMBI ran seven activities for children aged one to six:

- Toddler Music at Skyview Hotel
- Toddler Tunes at Skyview Hotel
- Football at Noah Futsal
- Kung Fu at Thai-Chinese Shaolin Kung Fu
- Zumba at RumPuree World Dance

Studio

- Dance at RumPuree World Dance Studio
- Play-based Nature at Patom Organic Living

While some activities resumed in March 2022 after the end of COVID-19 closures, Play-based Nature and Dance were permanently closed at the end of March and in April, respectively, as they were running at consecutive losses. One of our popular activities, Kung Fu, could not be resumed until November, and a new activity, Zumba, was also opened that same month.

Toddler Music and Toddler Tunes remained the most popular activities with more than 800 families attending these in 2022. At the beginning of the year, these activities were run at DoubleTree by Hilton Sukhumvit Bangkok. After the summer break, however, the venue was changed to the SkyView Hotel on Sukhumvit 24.

The BAMBI activities team had six volunteers leading activities in 2022, which were attended by more than 1,100 families. In February 2023, with the former coach leaving, we welcomed a new football coach, Gael.

Plans for 2023

- Recruit more activities leaders
- Welcome new football coach, Gael
- Open a new activity for older kids and a new activity for toddlers



- Build and maintain good relationships with instructors, teachers, coaches, and venue representatives
- Organize regular team coffee meetings to boost communications and team spirit

EVENTS

Due to the lack of volunteers and the absence of an events coordinator, 2022 proved to be a challenging year to host events. The executive board members decided to split event management tasks among themselves, and consequently, we were able to host our Halloween Bash in October in partnership with St. Andrews International School, Sathorn, and BAMBI's Festive 40th celebration in partnership with Kids' Academy International School.

We counted a combined total of over 200 members at both the Halloween Bash and Festive 40th party. To ensure financial sustainability for future events, both these events were planned and executed with a modest budget.

In September, BAMBI got invited to participate in the 'Living in Bangkok' event at the British Club. In partnership with St. Andrews International School, Sathorn, we set up a booth with children's activities.

Halloween Bash

In October, this event was co-hosted

with St. Andrews International School, Sathorn, who opened up their premises to BAMBI, and provided support with planning and prepping for the big day. Activities enjoyed by all the attendees included puppet crafts from Nancy Language School, art and tie-dying activities by KIDS Mindfulness, games by BAMBI volunteers, a haunted dollhouse, and pumpkin art activities for toddlers by St. Andrews. Trick-or-treat candies were supplied by our lovely sponsors.

Total Income: ฿21,900
 Total Expense: ฿12,579
 Profit: ฿9,321

BAMBI'S Festive 40th

In November, BAMBI partnered with Kids' Academy International School to host BAMBI's Festive 40th anniversary and Christmas event. 114 member families joined us on the day. Our founder and patron, Mel Habanananda, also came to celebrate with us and gave a speech expressing her gratitude to all the members and volunteers.

The school set up a variety of Christmas-themed activity stations such as a snowman sensory play and igloo play. Bumpy Daisy Café sponsored gingerbread house and cookie decoration activities. Second Chance Bangkok, a charity organization based in Klong Toey, was invited to sell Christmas-themed products to help support the com-

munity. Other participating vendors included Glück, Asian Tigers, Amy Diener, Melody from Paris, Hunny Bunch Bakery, and Felt Wonderful. The event also saw the launch of BAMBI's new logo.

Total Income: ฿28,350
 Total Expense: ฿42,420.35
 Loss: ฿14,070.35

Plans for 2023

- Recruit a new events coordinator and more assistants
- Organize the following events over the year:
 - Two yard sales
 - Annual splash party
 - Volunteer recruitment event
 - Halloween party
 - Christmas party

NEW MEMBERS AND POP-UP PLAYGROUPS

Despite the continuation of COVID-19 restrictions, the new members/pop-up team managed to organize seven New Members' Coffee Mornings and three Pop-Up Playgroups in 2022. The team remained stable from last year, with three main volunteers to organize the New Members' Coffee Mornings, and some extra volunteers to help with registration on the day for pop-up events.

New Members' Coffee Morning

As most New Members' Coffee Mornings were held in collaboration



with different international schools at their premises, to keep the community safe, the coffee mornings were held in small groups. They were all very successful and were places where newcomers could easily make new friends, and new moms and others interested in joining BAMBI could have a glimpse at what BAMBI can offer them. This helped to increase the number of participants as well as the number of members joining. At seven New Members' Coffee Mornings, we received 24 new registrations and one membership renewal, with 116 families in attendance. This was a great result for the team.

Plans for 2023

The Sukhumvit area continues to be a convenient location for members and non-members and is able to accommodate our growing sessions. However, recognizing the continued demand from people living in the Sathorn area, and to cater to a mixed-nationality audience in line with BAMBI's multicultural nature, the team plans to find other suitable venues in the coming year.

Pop-Up Playgroups

In 2022, to showcase the benefits of BAMBI membership, the popular Saturday Pop-Up Playgroups remained free for members. The team managed to hold three pop-ups, at KIS International School, St. Andrews International School Sathorn, and the newly opened King's

College. Despite the low number of pop-ups, the overall turnout was great. In total, we received six new member registrations and seven membership renewals. Out of 170 attendees, only 32 were non-members.

Plans for 2023

Recognizing the value in providing a weekend offering for families in Bangkok, we aim to provide more pop-ups throughout 2023.

BAMBI MAGAZINE

With the resumption of BAMBI's day-to-day operations in 2022 and with several positive changes to the team, 2022 started on a high note for the magazine team.

February saw the formal handover of all editorial duties and responsibilities to Sanam after Eunice moved away, and shortly thereafter, several new, highly competent assistant editors were recruited to the team, including a professional assistant editor from ScandMedia Ltd., the magazine's publishing partner. These assistant editors (Rachel O, Rachel B, Moni, Anelia, and Jaqui) finally completed the editorial team and made it stronger by bringing fresh perspectives, creativity, and industry expertise and knowledge.

Around midway through the year, however, there were massive changes

to the team with Liz the deputy editor leaving, and assistant editors Ashima, Sadia, Jaqui, and K'lee, our photo editor, stepping down as well. The role of deputy editor was quickly adopted by Rachel O, and for a short while, Jess, an executive board member, took on photo editor duties.

Two team meetings took place in the year, and topics discussed included themes and ideas for upcoming issues, editorial guidelines and standards, strategies to increase engagement with readers, and revamping the listing pages. Following these, the listing pages, member benefits, playgroups and activities, and Bangkok support group pages were redesigned to include QR codes to boost the usefulness of the pages for our members.

The major focus areas for the magazine team in 2022 were:

- to maintain and build relationships with new and existing contributors
- to increase engagement with readers and present a diverse range of content for them
- to uphold a standard of editorial consistency throughout magazine issues.

To this end, the editor and deputy editors reached out extensively to new and old contributors, discussing new ideas and themes, and working closely with them to deliver informative, relevant, and appealing con-



tent for our target group. One of the biggest achievements in this area is the establishment of a new regular column, 'Creation Station', and the revival of an old one, 'Readers' Corner', in partnership with Neilson Hays Library. In total, 11 magazines were produced over the year, containing over 100 articles, photo features, member profiles, and so on. The April 2022 issue particularly focused on celebrating BAMBI's 40th anniversary, pulling the entire BAMBI community into producing content centered around this milestone: timeline, old pictures, birthday messages, and things of that nature.

At the end of 2022, it was also decided, in agreement with the committee, that all members of the committee would be writing a letter in the magazine instead of just members of the Executive Board.

In January 2022, 535 printed copies of the magazine were distributed; in December 2022, this number was 506. While this is a decline in numbers, it must be noted that BAMBI's automatic extension policy during COVID meant the magazine was being sent to members who had moved away, but had not updated their details in our system. By the end of the year, the number of returned copies had decreased, hence 506 is a better measure of the actual number of print copy readers in 2022. 2023 is already seeing a rise in this number.

Plans for 2023

- Recruit a new ScandMedia assistant editor and feature writers
- Establish two new regular columns—recipes from around the world and self-compassion poetry corner
- Continue to build and maintain liaisons with contributors
- Provide team members who wish to expand their skills with more development opportunities, and get everyone together more regularly to plan BAMBI Magazine's next steps and strategies.

MEDIA ACTIVITIES

In 2022, in terms of promoting our playgroups, activities, and events, Facebook continued to be the main form of communication with our members.

The media team used a content calendar to help plan all social media posts across the organization, and this proved to be most helpful in ensuring that all events and venues were fairly promoted and featured, and that the posts were clear to all our members. The average posting frequency was two posts per day during weekdays and one post per day during weekends.

The brand guideline designed in 2021 was diligently followed in 2022, and the media team worked closely with the design team to ensure that

the look and feel of all creative and member-focused materials were consistent.

A new brand logo was launched at BAMBI's 40th anniversary event, and it was rolled out across all media platforms. This involved updating most of the existing creative content that used the old logo.

Through bitly.com, a new way of tracking the BAMBI web page link clicks was introduced. This enabled the media team to customize each link and understand which posts were performing better and receiving more interest from users.

The Bumps Newsletter was launched in December 2022. While we still need to identify the right target audience, currently the newsletter is being sent out to all active members via email, and we are trying to understand how to better pinpoint the target group in coordination with the database team.

Plans for 2023

- Instagram (IG): the BAMBI IG profile was launched at the end of January 2023. The main goal is to create another social media channel that, day by day, will hold the same value as that of Facebook, but with different content. Through the IG account, we want to give followers a snapshot of what it is like to be part of the



BAMBI community. Hence the media team will work to keep the visual layout neat and engaging and create dedicated posts and reels about BAMBI playgroups, activities, and events—the main contents of the profile.

- Newsletter: with a Mailchimp account at our disposal, a BAMBI Newsletter is deemed to be another potential way to communicate with the community in the coming year. The topics covered will include upcoming news, events of the following month, and some articles from BAMBI Magazine.
- Advertising Campaigns: advertising campaigns might be useful to create more awareness of BAMBI, its mission, and its activities. The media team plans to create two types of ad campaigns—those that will help increase the follower base (especially on IG), and also those that will attract and direct the right target groups to activities that need a boost. The budget will be split equally among these ads.
- Google Analytics: the connection of a Google Analytics account to the website results is likely to be useful in analyzing website visits, people's behavior during each session, and where they come from. We plan to use this tool to help develop new strategies and ways of communicating through other digital channels.
- LinkedIn: creating a LinkedIn account could be a good way to

promote an institutional image of BAMBI on professional platforms. Having an official BAMBI account will also allow volunteers to enrich their LinkedIn profiles and add their volunteer position at BAMBI on their CVs. The frequency of posting will be low and related only to 'corporate information'.

MEMBERSHIP AND DATABASE

BAMBI remained closed at the start of 2022 due to the COVID-19 pandemic. New memberships and renewals were reopened at the end of February 2022.

To support our members and families, a ten-month complimentary extension was granted to all members who were active in mid-April 2021. These complimentary extensions resulted in a higher number of active members for much of 2022. As these extensions phase out, member numbers are becoming a more accurate reflection of currently active and participating members.

From February to December 2022, 477 families became new members, and 132 families renewed their membership for a total of 609 memberships processed.

Of these, 49% of memberships were submitted and activated via the BAMBI website and direct bank transfer. A user-friendly and effective on-

line member sign-up process remains an important component of BAMBI's membership goals.

BAMBI ended 2022 with 617 active members.

Plans for 2023

- Partner with the website team to implement a new website and database platform.
- Continue collaborating with BAMBI teams to enhance and update membership and reporting functions.
- Continue supporting volunteers in membership and database-related processes.
- Provide database-generated reports to support all BAMBI activities and functions.

MEMBER BENEFITS

From May to December 2022, we were able to secure the following deals for our members from eight different vendors:

- 1) Amy Diener – 10% discount on workshops
- 2) The Neilson Hays Library – 10% discount on yearly membership
- 3) Move Well With Anna – 10% discount on all services
- 4) Lilli by Lilly – 10% discount on all gift boxes
- 5) Hegen – 15% discount on all purchases made via Line and their Facebook page
- 6) SRC Health – 15% discount on



all purchases made via Line, Instagram, and their Facebook page

- 7) Wonder Woods Kids' Café and Co-learning Space – adult entry fee of ฿100 for two hours waived for one adult per family
- 8) Little Big Dream – 15% discount on private consultations

Plans for 2023

- Search for more opportunities to secure special offers from new and different types of vendors
- Increase useful benefits for BAMBI members
- Maintain liaison with vendors and keep the benefits list up to date

WEBSITE

After BAMBI reopened in March 2022 following the COVID-19 pandemic, the website team got back on track and tried to give the website a fresher look by providing regular design updates and attempting to find a better system that caters to everyone's needs.

1. Pre-registration system

Although most COVID-19 restrictions in Thailand had nearly ended, we decided to continue with the pre-registration system for all events that were put in place after BAMBI reopened in March 2022. The pre-registration system helps onsite volunteers plan events more efficiently based on the

information provided by attendees, and it is also easier to keep track of the number of attendees.

2. Regular update of carousel design

We started updating the carousel of our home page regularly. This now displays information about upcoming editions of BAMBI Magazine and also some featured information about member benefits. This not only allows BAMBI to share the latest information more efficiently with all its members but also gives the website a new and different look every month.

3. Offering visual information on the benefits web page

Previously we did not have any images on the benefits web page, but now we use small banner images designed by the BAMBI promotional designer to present information more effectively. We also worked closely with the media team to ensure that all information on member benefits on the web page was consistent with the information presented on BAMBI's Facebook page.

4. Website content update reflecting new brand guidelines and new logo

In November 2022, on BAMBI's 40th anniversary, BAMBI announced new brand guidelines, including a new logo. The website team has been gradually updating the website to incorporate this new design.

5. New BAMBI website and membership management system

Back in October 2021, the website team started doing initial research on developing BAMBI's own app or membership management software. After multiple discussions, we have now finalized a plan to transfer BAMBI's website to a new membership management software called Glue Up. Membership management, event creation, the booking and check-in process, and the entire website will be managed within the Glue Up system. It will offer BAMBI members a more centralized IT system with a smoother experience in every aspect. Furthermore, it will also help us lower BAMBI's annual IT expenses, as well as negate the use of the plastic BAMBI membership card—with a new digitized card system being implemented—allowing us to be eco-friendly, too.

Plans for 2023

- Launch the new website and membership management system through Glue Up
- Train all volunteers on the new booking system, introduce it to members, and try to transition to the new system as smoothly as possible
- Continue supporting all other BAMBI departments, especially after the new system is launched.
- Work with the benefits team to

provide the necessary support to BAMBI sponsors by introducing the new digitized membership card, and gradually discontinuing the use of plastic membership cards.

- Work with the Executive Board to settle on a proper payment method for paying overseas bills so BAMBI can use Glue Up and any other overseas IT services.

CHARITIES

A budget of ฿100,000 for the charities team in 2022 was approved by the committee. However, as we were not successful in recruiting a charities coordinator, this budget was not used for donations except to subsidize three gift bags for the Giving Tree Project.

The Giving Tree Project is an annual year-end charity project organized by the Terres Karens Association. End-of-year gift bags for children in Karen villages in the mountains of northern Thailand—The Song Yang District—are arranged and distributed. These children come from less privileged families and communities. The bags provide each child with clothing, school essentials, books, and toys, in keeping with the spirit of the year-end festive season. Following 2021, a basic hygiene kit was also included in each bag in 2022 to assist with COVID-19 prevention.

As the BAMBI charities coordinator position was vacant this year, one of our former Executive Board members, Jessica Haines, took the lead for this project before she stepped down. Jess appealed to members to

support the program, and a total of 62 bags were donated and handed to the project organizer on 29 November 2022, at Bumpy Daisy Café and Community. Through the project, more than 900 children from nine villages were supported. All bags were successfully delivered to the children by February 2022.

Plans for 2023

- Continue to work with the ฿100,000 budget and split it between two foundations that support mothers and babies in need.
- Increase focus on non-monetary donations through charity drives at events and playgroups.
- Donate the vendor table fees from our yard sale events to a charity approved by the committee.
- Continue supporting the Giving Tree Project at Christmas time.

BAMBI FINANCIAL SUMMARY 2022

Unit: THB	JAN - DEC 21	JAN - DEC 22	%Δ YOY
Revenue			
Playgroups	333,350.00	933,600.00	180%
Events	6,327.74	47,200.00	646%
Memberships	239,800.00	787,700.00	117%
Misc. Revenue	1,453.30	7,275.52	401%
Total Revenue	580,931.04	1,775,775.52	206%
Expenses			
Advertising	1,601.00	1,365.00	-15%
Office Expenses	15,305.04	19,831.00	30%
Meeting Expenses	38,806.80	26,438.00	-32%
Maid/Cleaning	26,740.00	400.00	-99%
Transportation/Parking	30,545.53	103,422.33	239%
Vendors at Events		6,500.00	100%
Supplies	2,844.00	46,550.32	1,537%
Gifts to Volunteers	25,000.00	17,100.00	-32%
IT, Computer, Domain	258,649.24	186,543.18	-28%
Professional Fees	90,200.00	160,215.00	78%
Rent And Rates (Venues)	253,205.59	733,949.25	190%
Donations (Charities)	110,841.79	0.00	-100%
Nondeductible & Depreciation	163,132.10	107,350.83	-34%
Total Expenses	1,016,871.09	1,409,664.58	39%
Profit (Loss) for the Year	-435,940.05	366,110.94	184%



TREASURER

In 2022, BAMBI had several volunteers handling the treasurer duties temporarily, including Jex Roach, Sanam Deepak, and Takako Toyama. We are very pleased that Saeko Omura has recently stepped up to the role of treasurer.

Beginning last year, BAMBI outsourced some of the financial paperwork to SAS Accounting Co., Ltd., which reduced volunteer workload and expenses, increased continuity, and increased accuracy of our documentation.

The treasurer team experienced significant issues with the new bank, TMB Thanachart Bank (TTB), and their process for changing account signatories. What used to be a one-page request became mountains of paperwork. Therefore, to reduce the number of account signatory changes, Simmi Rajkitkul, Sara Chow, and Chiaki Takegawa became the signatories to be added as Honorary Member and the Executive Boards.

Plans for 2023

- Welcome new treasurer, Ritika, to lead the team
- Move accounting services from Almet Asia to SAS Group. SAS Group already provides administrative accounting services, so

we're changing accountants to keep both services with one company.

- Conduct further research on the process to move BAMBI's payments from a hard-copy check-writing process to a digital payment system in order to reduce the treasurer's workload and BAMBI's payment processing timeline
- Determine a method of payment for the new website services through Glue Up
- Fix/improve online account access to TTB

FINANCIAL ANALYST

From a financial standpoint, 2022 was a very exciting year—it was the first year since 2017 that BAMBI had more revenue than expenses!

At the beginning of 2021, BAMBI was projected to 'go broke' by the middle of 2023. However, the creation of the financial analyst position, the formulation of an annual budget, and the implementation of a monthly tracking system, have together allowed BAMBI's committee to make data-driven decisions so that we could increase revenue and decrease expenses.

In 2022, BAMBI's revenue was about \$500,000 more than expenses, resulting in a surplus. Now BAMBI

is on track to continue operations indefinitely. Jex and the Executive Board are looking at ways to use this excess revenue to provide additional benefits to BAMBI members and the community.

For 2022, Miyuki Taniguchi at Almet Asia Co., Ltd. remained as the accountant, and Khun Tan at S.T. Accounting & Taxation remained as the auditor. In 2023, the accountant will change to SAS Group.

Plans for 2023

- Utilize the 2023 budget and make spending adjustments throughout the year as appropriate
- Continue developing a strategic sustainability plan. This will include a series of 'trip wires'—financial benchmarks that will indicate that certain budgetary adjustments must be made.
- Continue to monitor spending and use more recent data to influence current and future projections
- Determine how to use surplus revenue to benefit BAMBI members

We welcome any questions you may have on the above information. Please write to us at treasurer@bambiweb.org or chairwoman@bambiweb.org.

Photos courtesy of Sayuri Kawahori, Kana Wakaiki and Mai Suzuki



Thank you so much, Mel ♥

Thank you for your dedication, vision and hard work in building BAMBI! Your contributions have helped countless expat mothers thrive and your legacy will continue to live on.

Best wishes,
BAMBI Executive Board



My experience with Mel first started when I joined BAMBI over 20 years ago, and her support has been felt throughout. I'm appreciative of her guidance and our friendship.

-Simmi Rajkitkul
BAMBI Honorary President



BAMBI was amazing; the first place where I belonged after arriving in Bangkok and where I met so many friends who, to this day, are like family. Thanks, Mell!

-Lia Segall Pasternak
Bumps & Babies Team, 2017-2020



Thank you, Mel, for the amazing contribution you have made to the lives of women in Bangkok, and for your never-ending support during the most challenging times when I had the honor of leading the BAMBI team.

-Gloria Pino
BAMBI Chairwoman, July 2020-May 2022



In BAMBI I found lifelong friends, support as my babies grew and a community that nurtured my growth as a woman during motherhood and beyond. Thank you, Mel!

-Liz Pond

Database Coordinator, 2019–2021
Deputy Editor, BAMBI Magazine, 2021–2022



You have shown us that motherhood does not have to be a lonely road to walk on, and that at the end of the day, all we need is a group of people who can offer support, understanding and friendship. This is exactly what BAMBI is and exactly what you've given us. Thank you, Mel!

-Sanam Raisa Rahman

Editor, BAMBI Magazine



My first eight years in Thailand (out of 15) were with BAMBI, where I got to know the amazing Mel. Mel was a role model; a true lady who influenced my life in Bangkok. We shared many exciting moments and supported each other in challenging times.

I had the pleasure of visiting Mel and Dr. Tanit in their unique homes in Bangkok and Chiang Mai and got to know their life story on a deeper level. Huge praise for their many years of contributions to the Thai and expat communities in Thailand!

Mel, it's time to take a real retirement and enjoy your lotuses in the pond. You deserve each flower!

-Ravit Elbacher Daniel

BAMBI News Editor, 2008–2012
BAMBI Chairwoman, 2013–2016



Thank you, Mel, for recognizing over 40 years ago something that is still true today—mothers need community. In BAMBI you set the foundations for a village of mothers that I was proud to be a part of.

-Emma McNerlin

Bumps & Babies Team, 2015–2022
BAMBI Vice-Chairwoman, May 2017–September 2019

Your 40-year dedication to BAMBI has been an inspiration. You've made a huge impact on my life and that of every other mother in Bangkok. Your legacy will continue to make a difference. Thank you for everything that you've done. You will always, always be the mother of BAMBI. All the best.

-Akiko Cayne

BAMBI Chairwoman, May 2017–September 2019

BAMBI PLAYGROUPS & ACTIVITIES

BAMBI holds regular playgroups and activities around town, open to both BAMBI members and non-members. BAMBI playgroups are characterized by free play, and the use of venues' toys and playgrounds. BAMBI Activities provide a wide range of activities for children age 1 to 6 years old to develop their athletic, creative and cognitive skills.



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PLAYGROUP**



**SATHORN
PLAYGROUP**



**THONGLOR
PLAYGROUP**



FOOTBALL



**TODDLER MUSIC &
TODDLER TUNES**



KUNGFU



BAMBI PLAYGROUPS

SCAN NOW

To find out more about all of our Playgroups and Activities please scan the QR code to head to our website. We also have a non-BAMBI playgroup listing. We look forward to seeing you soon at one of our events.



**NON-BAMBI
PLAYGROUPS**



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CALL FOR VOLUNTEERS



Want to have fun, work together with other great parents, brush up on your professional skills, and do something for the BAMBİ community? This is your chance.

BAMBİ is run by a group of lovely and dedicated volunteers. As many of them are moving away from Bangkok, there are a number of critical roles to fill to ensure ongoing service to our members. BAMBİ is a fun and a welcoming community of like-minded parents trying to support and improve the parenting experience for all families in Bangkok. If you have some time and passion to spare, come and join us. To apply or if you have any questions about these volunteer opportunities, please email vicechairwoman@bambiweb.org, detailing which position(s) you are interested in.

The following opportunities are currently available:

CHAIRWOMAN

The chair is our CEO, our liaison with CBFT and other volunteer groups in Bangkok, and acts as BAMBİ's official representative in the wider community.

Responsibilities & duties

- coordinates the work of the committee and chairs the monthly committee meetings
- prepares annual reports for the AGM and CBFT
- together with the treasurer, sets the budget for each area of BAMBİ
- responsible for recruiting new volunteers and is the first contact for new people interested in volunteering
- writes a bi-monthly column for the magazine
- ensures compliance with accounting/bookkeeping

WEBSITE ASSISTANT

The web team provides a daily overview of the webpage and works diligently to ensure that all advertisements, classifieds, forums, events, etc. are up to date and site appropriate. The website assistant works under the guidance of the website coordinator for all website technical functioning.

Responsibilities & duties

- providing assistance with the content design and layout of the website, and updating these as needed
- maintaining communication and coordinating with the committee members regarding website layout, content, financing etc.
- attends monthly committee meetings as a voting committee member and participates/assists with events, fundraisers and other organizational activities



DATABASE COORDINATOR

The database coordinator attends monthly committee meetings as a voting member and participates and assists with events, fundraisers and other organizational activities.

Responsibilities & duties

- ensures that the online database is maintained, membership details are up to date, and distributes this information to the committee as needed
- provides different member reports (number of new members, expired members, renewals, etc.) at the committee meetings



FEATURE WRITER—BAMBI MAGAZINE

The feature writer will work under the guidance of the BAMBI Magazine editor, and be responsible for researching and writing feature articles for every issue.

Responsibilities & duties

- meets with the editor to generate ideas for new content
- drafts creative and original content that appeals to BAMBI's target audience
- follows BAMBI Magazine's print cycle and ensures timely delivery of completed drafts
- provides the editorial team with occasional editing and proofreading support

EVENTS COORDINATOR

The events coordinator attends monthly committee meetings as a voting member and organizes and coordinates BAMBI's parties and events.

Responsibilities & duties

- coordinates the planning and delivery of BAMBI's large events such as our splash party and Halloween party. This includes sponsor solicitation, setting-up and tidying up before and after the events, organizing volunteers to help during the event, and organizing kids' activities and food vendors.
- organizes internal team events



EVENTS ASSISTANT

The events assistant supports the events coordinator with the planning of events and organizing the BAMB! parties.

Responsibilities & duties

- assists the events coordinator with the planning and delivery of BAMB!'s large events such as our splash party and Halloween party
- coordinates with other teams within BAMB! like media and website teams

MEDIA ASSISTANT

The media assistant supports the media coordinator in building meaningful connections between BAMB! and all our members and affiliated organizations on our main social media platforms, Facebook and Instagram, and on the email marketing service we use, Mailchimp.

Responsibilities & duties

- create and share engaging and timely content relating to all BAMB! social events, playgroups and activities
- disseminate information and general announcements about BAMB! activities, playgroups and social events
- track and respond to communications and inquiries (in coordination with other BAMB! departments) from members, non-members and the general public

PHOTO EDITOR

The photo editor works in coordination with the editor and deputy editor of BAMB! Magazine, and is the first point of contact for anything picture-related.

Responsibilities & duties

- works directly with the BAMB! Magazine and Bumps teams and Playgroups and Activities leaders to source photos for articles and photo feature pages in the magazine
- takes photos at events or coordinates with event staff and photographers to have photos taken
- organizes and oversees the magazine cover photo-shoot
- designs the magazine cover

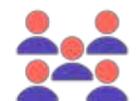
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WHEN WE PLAY, WE LEARN



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Website: www.storytimepreschool.com

HEAVENLY DESSERT

If heaven was a dessert, this would be it. Rich, creamy, and sweet—this is the dessert that dreams are made of! Deputy editor Anelia uses the traditional South African Malva pudding as a ‘sponge’ base and then adds some Thai flavors to it.

Preparation time: 20 mins
Baking time: 40–45 mins
Serves: 8

Ingredients:

Sponge:

- 4 large eggs, room temperature
- 370 g brown cane sugar
- 50 ml honey
- 30 ml melted butter
- 250 ml coconut milk
- 1 ripe mango, peeled
- 15 ml vanilla extract
- 15 ml ginger powder
- 15 ml white vinegar
- 500 g all-purpose flour
- 2 tablespoons baking soda
- 1 tablespoon baking powder
- 1 teaspoon salt

Sauce:

- 250 ml coconut milk
- 125 g butter
- 125 g sugar
- 5 ml ginger extract
- 5 ml vanilla essence
- Whipped cream or vanilla ice cream to serve
- Grilled mango and nuts to serve (optional)

Here, I am!



To make the sponge:

1. Preheat the oven to 180°C, and grease a 20 cm square baking dish.
2. To make the pudding, in a large bowl, mix the eggs, sugar, honey, and butter until light and creamy. Then add the coconut milk, vanilla, and vinegar and mix again until combined.
3. In another bowl, mix together the flour, salt, ginger powder, baking powder, and baking soda.
4. Blitz the mango on high speed in a blender for approximately 40 seconds.
5. Gradually stir the dry ingredients into the wet mixture until thoroughly combined and then fold in the mango puree.
6. Pour the mixture into the prepared baking dish and bake for 40–45 minutes or until a knife inserted in the center comes out clean.

To make the sauce:

In a small pot, bring the butter, coconut milk, sugar, vanilla essence, and ginger extract to a boil and simmer for five minutes. Then remove from the stove. Finally, pour over the hot baked pudding. Serve with whipped cream or vanilla ice cream. Add some grilled mango or nuts and enjoy heaven.

About the Author

Anelia is a performing artist from South Africa. She has been living and working as a teacher in Thailand for eight years. She also writes educational children’s books, makes music, and loves to spend time in the kitchen. Follow her adventures on IG @aneliavz





WE ARE LOOKING FOR A NEW

DATABASE COORDINATOR

Are you detail-oriented and do you enjoy creating a beautiful spreadsheet?

Do you like to problem solve and be a subject matter expert?

Eager to volunteer your time, but want to keep the flexibility to assist from anywhere with your laptop and Wi-Fi?

If so, we are looking for a new database coordinator to maintain BAMBI's membership database and serve as a member of our committee, helping to make important decisions for BAMBI and our members.

To learn more about the role and express your interest, please email: database@bambiweb.org

BAMBI



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photographer
Mai Suzuki



- ✓ Maternity
- ✓ New born
- ✓ Baby & kids
- ✓ Family

SPLASH BASH POP UP

Over 106 families came to enjoy the fun and beautifully planned play area at KIS International School Bangkok during our Splash Bash Pop Up event on Saturday, February 25, 2023. A big thank you to them all for joining us!

With water activities, live music by teachers, story time, art, sensory play, outdoor free play and the warm hospitality from the school, everyone enjoyed themselves to the fullest.

We express our gratitude to KIS International School for making the event a lively and exciting one. We all had a brilliant time!





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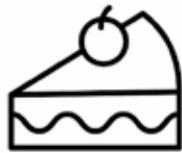
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It's time to celebrate!

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CHOOSE THE DECORATIONS



CHOOSE THE ENTERTAINMENT



CREATE YOUR PARTY!

Create your party here! You can color, cut, and paste some of the pictures from the page on the left, or you can draw your own picture. Don't forget to add some people having fun, too!



BANGKOK SUPPORT GROUPS

There are a range of support groups in Bangkok. Most are open to everyone, some ask for a small donation, and some require a reservation.

The groups listed here are run independently of BAMBI, except where otherwise noted. This listing is provided for informational purposes only, and inclusion does not constitute endorsement by BAMBI. Please contact the respective groups for more information.

PRE & POST NATAL SUPPORT

BAMBI BUMPS
AND BABIES
BANGKOK

BANGKOK
BREASTFEEDING
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PARENTING

ADOPTION
SUPPORT
FOR FAMILIES
IN THAILAND

TWINS
AND MULTIPLES
GROUP

DISABILITY & NEURODIVERSITY SUPPORT

LEAP
(LEARNING
& EDUCATIONAL
ADVOCACY
PROGRAM)

RAINBOW
ROOM

SUPPORT TO WOMEN

BEYOND
BOOBS

BANGKOK
BREAST
CANCER SUPPORT
GROUP (BBCS)



SCAN NOW TO READ MORE

To find out more about some of these amazing support groups, please scan the QR code for more information.



BAMBI

THE TEAM

BAMBI is managed by an elected committee of volunteers and all BAMBI members are encouraged to volunteer. Vacancies can be found on the Call for Volunteers page in this magazine and are posted online; you are welcome to contact vicechairwoman@bambiweb.org with inquiries.

FOUNDER

Mel Habanananda

HONORARY MEMBERS

Paula Young
Anna Ingham (Bumps and Babies Founder)
Kathy Leslie
Ravit El-Bachar Daniel

HONORARY PRESIDENT

Simmi Rajkitkul | advisor@bambiweb.org

VOTING POSITIONS

Chairwoman | VACANT
chairwoman@bambiweb.org

Executive Board | Chiaki, Sara, Terryn
vicechairwoman@bambiweb.org

Secretary | Rocky
secretary@bambiweb.org

Treasurer | Ritika
treasurer@bambiweb.org

Activities Coordinator | VACANT
activities@bambiweb.org

Editor, BAMBI Magazine | Sanam
editor@bambiweb.org

Charities Coordinator | Lynda
charities@bambiweb.org

Database Coordinator | Briana
database@bambiweb.org

Events Coordinator | VACANT
events@bambiweb.org

New Members Coordinator | Chiaki
newmembers@bambiweb.org

Playgroups Coordinator | Sara
playgroups@bambiweb.org

PR/Media Coordinator | Marianna
media@bambiweb.org

Website Coordinator | Frances
websiteasst@bambiweb.org

VOTING/EX OFFICIO/BY INVITATION

Bumps & Babies Coordinator | Jo
bumps@bambiweb.org



NON-VOTING POSITIONS

Assistant Bumps and Babies Coordinator |
Yaz: bumps@bambiweb.org

Assistant Playgroups Coordinators |
Gienna: playgroupassist1@bambiweb.org
Sassy: playgroupassist@bambiweb.org

Assistant Treasurers |
Rieko: treasurerasst4@bambiweb.org
Saeko: treasurer@bambiweb.org
Takako: treasurer@bambiweb.org

Assistant Website Coordinator |
Jung: websiteasst@bambiweb.org

Activities Team |
Maria / Takako / Yumi / Sara / Karin

Bookkeeper |
Phorn: bookkeeper@bambiweb.org

Playgroups Team |
Daisy/ Mimi/ Prissarat/ Prae/ Emiko M/ Emiko Y/
Wakako/ Shino/ Eriko Y/ Eriko T/ Donna/ Pou Pae/
Aoi/ Nao/ Hilda/ Khali/ Irin/ Yuki/ Nana

BAMBI Magazine - Deputy Editor |
Anelia: depeditor@bambiweb.org

BAMBI Magazine - Assistant Editors |
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