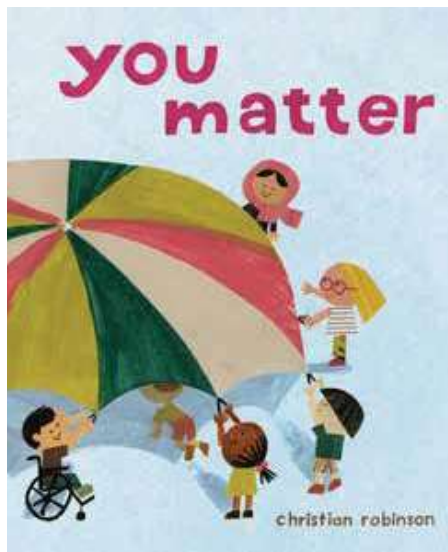
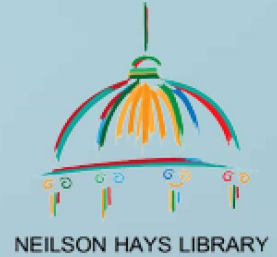


BOOKS TO INSPIRE

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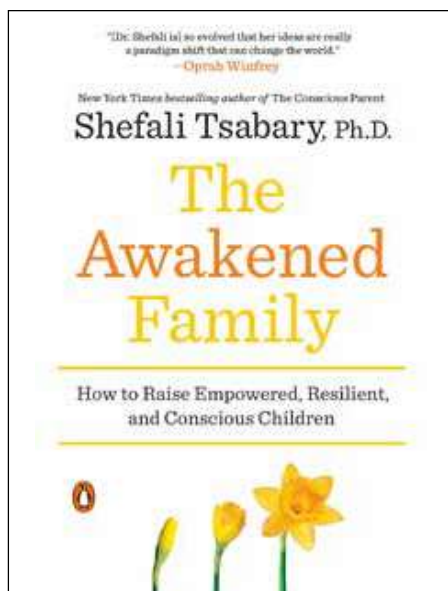


YOU MATTER

written & illustrated by Christian Robinson

A gem that delights children and parents alike! This book is packed full of lessons in self-esteem, diversity, identity, and elementary science. The vibrant illustrations are whimsical and thought-provoking, with new details sure to pop out with each subsequent reading. From ant farms to dinosaurs to outer space, these images will especially capture the attention of young science lovers. At first glance, one may overlook the deep meaning within the simple prose. However, the simplicity leaves room for questions and deeper discussion between parent and child. From the first page to the last, readers of all ages are reminded to celebrate individuality, embrace differences, and find the ways we're all interconnected. The resounding lesson is that each individual plays a precious part in our vast universe.

Published by Atheneum Books in June 2020. A bestseller from Caldecott honoree Christian Robinson. His other beautifully illustrated works include "Last Stop on Market Street" and "School's First Day of School". Suitable for ages 2-8. Hardcover copies can be found in the Children's Corner of the Neilson Hays Library.



THE AWAKENED FAMILY

by Dr. Shefali Tsabary

It's no wonder that 'The Awakened Family' is recommended by countless family therapists. Using her real-life experiences as a clinical psychologist and as a mother, Dr. Shefali Tsabary provides practical tools that can be easily implemented in daily life. The book goes a step further than most parenting books by brilliantly breaking down the root causes of common parenting frustrations. Dr. Tsabary shares the power of breaking cycles to form transformative family relationships where children and parents authentically embrace their identities. Readers are left empowered to be more conscious partners and parents, and perhaps more importantly, to be more compassionate with oneself. We also highly recommend the audiobook version read by the author herself.

Published by Penguin Books in May 2016. This is the third book from Dr. Shefali Tsabary, an award-winning author and clinical psychologist specializing in family dynamics and personal development. Her work blends the best of both Eastern philosophy and Western psychology. A hardcover copy can be found in the non-fiction section of the Neilson Hays Library.

About the Author

Angela Chen is a Neilson Hays Library Board Member and Children's Program chair.

The Neilson Hays Library is Thailand's premier English-language library. The Children's Program offers Saturday Story Time, a cozy Children's Corner, and special holiday events. Adult programs include concerts, art exhibitions, book club, and book sales. Located in a beautiful historic building with a garden and cafe on site: 195 Surawong Road, Bangkok 10500, Thailand. Follow us on IG @neilson.hays.library and FB @NeilsonHaysLibrary.